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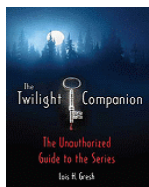
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NEW RELEASES for MAY 2009



The Twilight companion : the unauthorized guide to the series

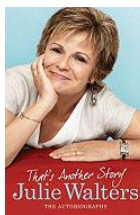
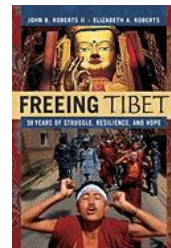
Lois H. Gresh

For all those who adore Bella Swan, Edward, and the rest of the Cullen family and can't get enough, this companion guide is a must-read.

Freeing Tibet : 50 years of struggle, resilience, and hope

John B. Roberts II, Elizabeth A. Roberts.

From the national uprising in 1959, which cost more than 85,000 Tibetans their lives, to the rise of the Tibetan freedom fighters and preparations for the Dalai Lama's successor, this seminal history offers an insider's view of the 50-year struggle for autonomy.

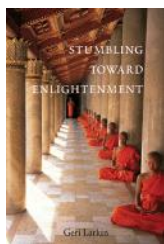
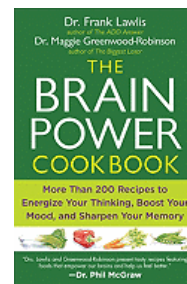


That's another story: the autobiography / Julie Walters.

Julie Walters has been delighting us on screen and on stage for over twenty-five years and - thanks to her undoubted talent, infectious spirit and self-deprecating humour - we have taken her to our hearts. Now she tells us her own story, in her own words.

The brain power cookbook : more than 200 recipes to energize your thinking, boost your mood, and sharpen your memory / Frank Lawlis and Maggie Greenwood-Robinson.

Brain-boosting recipes from the New York Times bestselling author and chief content adviser for the Dr. Phil show Food has the power to heal the brain. We know that good nutrition is valuable for treating problems from cancer to depression, but how can we use this information to help us prepare actual meals?



Stumbling toward enlightenment / Geri Larkin

A series of failed relationships and nervous exhaustion led Larkin, a former management consultant, to seek solace in Zen Buddhist meditation. This account of her spiritual quest is hilarious and serious, breezy, and earnestly truthful all at once. It is filled with reflections on Zen precepts and meditative practices.

Leatherheads [videorecording]

When veteran football player Dodge Connolly recruits war hero Carter "The Bullet" Rutherford to aid the failing fortunes of his team, he gets far more than he bargains for. With Carter's arrival comes newspaper journalist Lexie Littleton, who is tasked by her Editor to uncover the dirt on Carter and the truth behind his undeserved hero status. Both Carter and Dodge fall deeply for Lexie's beauty, but only one of them can win the girl.

