














Aqua Fitness Timetable

	Mon	Tue	Wed	Thurs	Fri	Sat	Sun
8.15am	 AQUA	 AQUA	 AQUA	 AQUA ZUMBA	 AQUA	 AQUA	
9.15am	 AQUA	 AQUA MAH	 AQUA	 AQUA MAH	 AQUA ZUMBA		
6.00pm	 AQUA		 AQUA				

Class locations

 Indoor 25m pool

 Outside 50m Shallow

 Outside 50m Deep

Valid from April 14

Please note- May 8, 9.15am Aqua Zumba will not be held due to a swimming carnival

