

MARC TERM 4 KIDS PROGRAMS

COMMENCES FROM MONDAY 11 OCTOBER 2021

BONUS: Receive 1x FREE gym/swim pass EVERY WEEK for the duration of your child's class!

- Experienced staff who love kids!
- Affordable prices
- Creche available from only \$3 per 2 hour session
- Priority bookings for existing customers
- Fit for All 10% discount when you re-book online

Action Tots (45 minute class) - Parent Participation Required

Experience the fun and excitement with your child as they move through our obstacle course whilst learning about early childhood development. Your child will swing, climb, tumble, roll, balance, dance and meet new friends with you by their side.

Ages 1-3 years When: Tuesdays or Fridays, 9.45am

Ages 2-4 years When: Tuesdays or Fridays, 10.35am

Pre-K Kids (1 hour, 15 minute class)

Your child will learn skills that are essential for school readiness through movement, exploration, songs and bubbles. Kids will have fun with our obstacle course, team games and sports interaction. Bring along a healthy snack and water bottle. Children are to be toilet trained, or wearing pull-ups for the duration of the class.

Ages: 3-5 years When: Tuesdays or Fridays, 11.30am

Tots Gymnastics (45 minute class)

In this fun, recreational gymnastics class, children are encouraged to creatively explore movement through balancing, climbing, strengthening activities, gross motor skills, rolling, tumbling and much more. Your child will learn new skills in a structured, multi-sensory environment.

Ages 2.5-5 years When: Mondays or Wednesdays: 9.45am or 10.35am

Recreational Gymnastics (45 minute class)

This fun recreational gymnastics class is designed to build self-esteem and confidence in each individual child. This program is designed by setting up achievable challenges in a fun gymnastics circuit style class.

Beginners class for those new to gymnastics:

Ages 4-6 years When: Mondays or Wednesdays, 3.30pm

Intermediate class for kids confident in gymnastics:

Ages 7-12 years When: Mondays or Wednesdays, 4.20pm

Junior Power Fit and Student Power Fit (45 minute class)

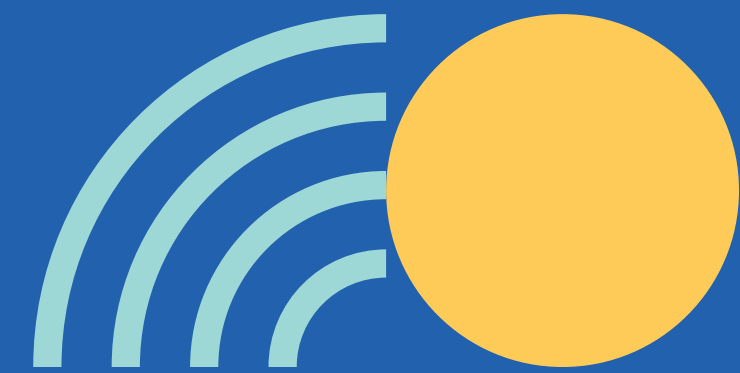
This fun and energetic circuit style class incorporates battle ropes, mini weights, sand bags and body weight exercises. Let your child discover their own abilities and experience the fun of group training with a fully qualified instructor. All abilities are catered for.

Junior Power Fit: Ages 8-12 years When: Tuesdays 3.45pm - 4.30pm

Student Power Fit: Ages: 11-16 years When: Tuesdays, 4.35pm - 5.20pm

Junior Power Fit and Student Power Fit classes are casual classes and are \$10 per session per child.

Book in on the day or turn up for the casual session and pay at reception.



Term Prices

Class prices are based on booking in for the full term

Mon – Friday - 45 minute class
 \$10.80 per class
 (based on term booking when purchased online)

\$12.00 per class
 (based on term booking - when purchased at Reception or over the phone)

Mon – Friday - 1hour 15 minute class

\$12.15 per class (based on term booking when purchased online)

\$13.50 per class (based on term booking when purchased at reception or over the phone)

Casual classes from \$15.00 and subject to availability