

WA Day Long Weekend

Centre opening hours

	Saturday 31 May	Sunday 1 June	Monday 2 June
Centre	6.30am - 6pm	7.30am - 6pm	7.30am - 2pm
Pools	6.30am - 6pm	7.30am - 6pm	7.30am - 2pm
Gym	6.30am - 5.30pm	7.30am - 5.30pm	7.30am - 2pm
Creche	7.30am - 11.30am	Closed	8am - 11.30am
Cafe	7.30am - 4pm	7.30am - 4pm	Closed

Group fitness timetable

	Saturday 31 May	Sunday 1 June	Monday 2 June
7.45am	1 META FIT 30		
8.00am	2 SPIN 45		
8.15am	6 AQUA		6 AQUA
8.30am	7 ZEN YOGA 1 LES MILLS BODYPUMP 30 3 CIRCUIT 45		2 SPIN 30
9.00am		1 LES MILLS BODYBALANCE 60	
9.15am	2 BOOTY WORKOUT 30 1 LES MILLS BODYSTEP 45		1 LES MILLS BODYPUMP 60
9.45am	7 ROLLOUT MASSAGE		
10.25am			1 LES MILLS BODYBALANCE 60

Class Locations

1. Studio 1
2. Studio 2

3. Outdoor Gym
4. Gym

5. Outdoor Pool
6. Indoor Pool

7. Swim Club Rooms
8. Creche

9. Stadium court 1
10. Show court 1

