CITY OF MANDURAH

Visual Story

All Ability Paddle – Come and Try Sessions

About this Visual Story

This visual story has been created to support people attending the All Ability Come and Try sessions.

It explains what to expect during the session and helps people feel prepared and comfortable before attending.

About the sessions

The free sessions are designed to help people get comfortable using the All Abilities Paddle Launch facility.

You can try getting into the water in a canoe or kayak, learn how to use the launch safely, and find out where you can hire paddle craft in the future.

All equipment will be provided.

Who will be at the sessions

Attendees will include people with disability, support workers, family members, and community members.

A trained paddle tour operator, experienced in supporting people of all abilities, will run the sessions.

If you require personal support because of your disability (including transferring into the paddle craft), please bring your support person.

Dates and times

- Monday 9 March, 10am-11.30am
- Saturday 21 March, 10am-11.30am
- Tuesday 7 April, 10am-11.30am
- Sunday 12 April, 10am-11.30am

Registrations are essential!

Email: healthycommunities@mandurah.wa.gov.au

Phone: 9550 3717

Where it will be

The sessions will be at Riverside Gardens Reserve, accessed from Redcliffe Road in Greenfields.

The car park is near the intersections of Wanda Road and Redcliffe Road.

The paddle launch is close to accessible toilets, BBQs, and picnic shelters.

Important information

Please bring a support person if assistance is needed for disability-related needs.

The session facilitator is not able to provide 1:1 support.

Lifejackets must be worn when using the canoes and kayaks on the water.

Arriving at the Come and Try sessions

General and ACROD parking bays are available close to the paddle launch facility.

Signs will guide participants from the car park to the meeting point.

Meeting the facilitator

An experienced paddle session facilitator will welcome participants and explain the session.

The facilitator has experience supporting people to learn how to safely get in and out of kayak or canoe and paddle on the river.

Getting ready

All equipment, including canoes, kayaks, and lifejackets, are provided.

It’s a good idea to wear clothing and footwear that can get wet, and to bring a hat, sunscreen, and a water bottle.

A towel and a change of clothes are also handy in case you get wet.

Learning about the facility and paddling

See how the All Abilities Paddle Launch works and how to position a canoe or kayak on it.

Learn basic paddling techniques, how to manoeuvre safely on the water, and how the facility can be used independently or with support.

Getting onto the water

With the facilitator’s guidance, try paddling a canoe or kayak at a pace that feels comfortable.

Be prepared for the possibility of splashes.

Support workers can practise assisting with transfers and supporting safe, enjoyable paddling experiences.

Enjoy the surroundings

Paddle along the Serpentine River and take in the fresh air and views.

Look for local wildlife and enjoy time in nature.

Participate at your own pace

There’s no need to get onto the water if you’re not ready - the session can still be enjoyable from the floating jetty, surrounded by nature and close to the water.

Morning tea and connection

After paddling, share morning tea with others.

This is a chance to ask questions, connect with people and learn more about using the facility.

Facilities

The location offers accessible toilets, BBQs, picnic shelters and wide paths suitable for wheelchairs and mobility devices.

It’s a welcoming place for everyone to relax and enjoy the outdoors.

Why these sessions matter

The All Abilities Paddle Launch is a unique place in Mandurah where people can experience the water, connect with others, and take part in an inclusive community space.

Spending time in nature and sharing experiences with others supports physical health, mental wellbeing, and a sense of belonging.

More information

Visit the City of Mandurah website for more information about how the All Abilities Paddle Launch facility works.

All Abilities Paddle Launch

Contact

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council@mandurah.wa.gov.au
Mandurah.wa.gov.au
9550 3777

If you need help to speak or listen on the phone, you can use the National Relay Service on 1300 555 727

For more information visit: relayservice.gov.au

Scan code for more information about access and inclusion at the City of Mandurah.

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