

Mandurah Youth Services Directory

May 2019



Youth
Development



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Introduction

This directory provides a summary of services relevant to young people that are available in the City of Mandurah and surrounding areas.

Additional Information

The City of Mandurah also has an online directory that lists local community services, facilities, events, clubs, groups and organisations.

Visit www.mandurah.wa.gov.au/sdfinder and type in what you wish to search for.

The Mandurah Families Guide also lists useful information for parents and families: www.mandurah.wa.gov.au/services/families-guide.

Further Assistance

Contact the City of Mandurah Youth Development Team, based at the Billy Dower Youth Centre. 9550 3670 or youth@mandurah.wa.gov.au.

Comments or suggestions for future editions of this Directory are welcome.

Whilst every endeavour is taken to provide correct and current information at the time of publication of the Mandurah Youth Services Directory, some services may not be included and the City of Mandurah takes no responsibility for any error or omission.

Aboriginal Services

Company	Contact Details	Provides
Clontarf Foundation (Coodanup College)	<p>A Coodanup Community College, Wanjeep Street, Mandurah WA 6210</p> <p>P 9581 0900</p> <p>E contact@clontarffoundation.com.au</p> <p>W www.clontarf.org.au</p>	Aims to improve the education, discipline, life skills, self-esteem and employment prospects of young Aboriginal and Torres Strait Islander men to equip them to participate meaningfully in society.
Girls Academy (Coodanup College)	<p>A Coodanup Community College, Wanjeep Street, Mandurah WA 6210</p> <p>P 9581 0900</p> <p>E info@girlsacademy.com.au</p> <p>W www.girlsacademy.com.au</p>	Develops and empowers Aboriginal girls through leadership training, mentoring, sport and extra-curricular programs.
GP Down South - Assertive Outreach Team	<p>A 91 Allnut Street, Mandurah WA</p> <p>P 9583 5435</p> <p>E AOT@gpdownsouth.com.au</p>	Outreach contact to Mandurah, Pinjarra and Waroona for aboriginal youth aged 12-25, not engaged in services, with mental health and/or drug problems.
Nidjalla Waangan Mia	<p>A 112 Lakes Road, Mandurah WA</p> <p>P 9586 4580</p> <p>E pm@nidjallawm.com.au</p> <p>W gpdownsouth.com.au/aboriginal-health</p>	Services for Aboriginal and Torres Strait Islander people's including; nurse lead clinic, maternity group practice program, care coordination and range of services such as outreach, podiatry, diabetes education and visiting specialists.
Peel Jobs and Skills Centre	<p>A South Metropolitan TAFE, 2 Education Drive, Greenfields WA</p> <p>E peeljsc@smtafe.wa.edu.au</p> <p>W www.jobandskills.wa.gov.au</p>	Provides culturally sensitive training, employment and career support for Aboriginal youth to choose a training course or find a career and employment.
Winjan Aboriginal Corporation	<p>A 19 Alderly Place, Coodanup WA</p> <p>E winjanaboriginalcorporation@gmail.com</p>	Community space for hire; main hall, children's play area, offices and nature walk. Cultural days and programs for Aboriginal community delivered at the centre.

Crisis Support

Accommodation

Company	Contact Details	Provides
Access Housing Australia	A Shop 1, 41 Pinjarra Road, Mandurah WA 6210 P 9581 3435 E Mandurah@accesshousing.org.au W www.accesshousing.org.au	Provides housing to people living with a chronic psychiatric disability. Upon application to State Government Housing waiting list, the applicant must tick YES to wanting COMMUNITY HOUSING. Must be 16 and over and on a low income to apply.
Anglicare Stabilising Homes	A 7 Anzac Place, Mandurah WA 6210 P 9581 4822 E ash@anglicarewa.org.au W www.anglicarewa.com.au	Delivers preventative and early intervention services to assist families in Mandurah and Pinjarra at risk of homelessness to stabilize their circumstances..
Calvary Youth Services Mandurah	A 40 Sutton Street, Mandurah WA P 9581 1741 E youthworker@calvaryyouth.com.au W www.calvary-Mandurah.org	Crisis accommodation for 15-25 year old's who are homeless or at risk of homelessness.
Crisis Care Unit	P 9223 1111	Assistance with crisis accommodation after 5pm.
Department of Communities - Housing	A 1/17 Sholl Street, Mandurah WA P 9583 6100 E Mandurah@housing.wa.gov.au W www.housing.wa.gov.au	Provides public housing, community housing, bond assistance, Keystart Home Loans and property sales.
Halo Team	A 2/98 Pinjarra Road, Mandurah WA P 9586 2245 or 0433 582 707 E halo.teamleader@outlook.com	Crisis accommodation and support to people in need. Shared accommodation at a cheap rate while offering support and help to secure more permanent housing.
WestAus Crisis and Welfare Services	A Suite 3 Lotteries House, 7 Anzac Place, Mandurah WA 6210 P 9581 9920 E admin@westaucrises.com.au	Crisis support, emergency accommodation, food aid, advocacy & referral, tenancy advice and a healthy breakfast club.

Domestic Violence and Family Support

Company	Contact Details	Provides
Department of Communities - Child Protection and Family Support	A Corner of Tuckey and Sutton Street, Mandurah WA 6210 P 9583 6688 E cpduty@cpfs.wa.gov.au W www.communities.wa.gov.au	Protects and cares for children 0 – 17 years with a focus on meeting the needs of vulnerable children and families at risk or in crisis. Anyone can refer and there are no costs involved.
Department of Human Services (Centrelink)	A 24-26 Tuckey Street, Mandurah WA 6210 P 13 28 50 W www.humanservices.gov.au	Range of payments and services for people who are experiencing family and domestic violence and risks of homelessness. Social worker available for confidential interview.
Relationships Australia	A 21 George Street, Mandurah WA 6210 P 6164 0570 W www.relationshipswa.org.au	Professional and child focused changeover and supervision services to foster safe and positive interaction between children and their parents, and to strengthen these relationships.
Pat Thomas House - Women's Refuge	A PO Box 751, Mandurah WA 6210 E refuge@patthomashouse.org.au W www.patthomashouse.org.au	Accommodation and crisis support for women (over 18) and children escaping Family and Domestic Violence Refuge / Crisis accommodation (9535 4775 Press 1) Support with FVRO applications through Advocacy and Support Service (9535 4775 Press 3) Outreach for those once they have left the relationship (9535 4775 Press 4).
Wanslea Family Services	A 26A Anstruther Road, Mandurah WA 6210 P 9581 5843 E support@wanslea.asn.au W www.wanslea.asn.au	My Place program for 14 – 25 year olds who are in foster care, are in care of the Department for Child Protection, have left foster care or a group home. Referrals the Department for Child Protection or other youth organisations. Support is provided to young people to assist with living skills, maintaining housing and support networks, finding alternative safe, long term housing, information, and advocacy.

Food and Emergency Relief

Company	Contact Details	Provides
Church of the Way	<p>A 58 Steerforth Avenue, Coodanup WA 6210</p> <p>P 9581 5544</p> <p>W churchofthewaycoodanup.com</p>	Can assist with food parcels, financial assistance and more via the Emergency Relief ministry.
Finucare Mandurah	<p>A 2 Tuart Ave, Mandurah WA 6210</p> <p>P 9581 1281</p> <p>E admin@finucare.org.au</p> <p>W www.finucare.org.au</p>	Free and independent information, education, tools and assistance to enable financial independence.
Mandurah Baptist Church	<p>A 370 Pinjarra Road, Mandurah WA 6210</p> <p>P 9581 1980</p> <p>E finance@1church.net.au</p>	Food Parcels, Craft Groups, Youth Groups, Toddler Jam.
Mandurah Murray May Day Club	<p>A 17 Davey Street, Mandurah WA 6210</p> <p>P 9582 8164</p>	Support services, clothing and community grant support.
Peel Community Kitchen	<p>A Corner of Sutton and Gibson Street, Mandurah WA 6210</p> <p>P 0420 293 538</p>	Provides morning/afternoon tea, snacks, clothing/blankets, emergency food hampers.
Salvation Army	<p>A 45 Lakes Road, Mandurah WA 6210</p> <p>P 9535 4951</p>	Can assist with food parcels - need current Centrelink card with address.
St Vincent de Paul Society - Mandurah	<p>A 23 Davey Street, Mandurah WA 6210</p> <p>P 9535 9035</p>	Can assist with food vouchers/referral to Food Bank. Also provides food parcels, when available.
St Vincent de Paul Society - Pinjarra	<p>A George Street, Pinjarra WA 6208</p> <p>P 9531 2233</p>	Can assist with food parcels and when available, can provide food vouchers.
Street to Home - WestAus Crisis and Welfare Services	<p>A 2 Tuart Avenue, Mandurah WA 6210</p> <p>P 9582 9920</p>	Hot shower, information & support, for anyone who is street present, experiencing homelessness or financial hardship. Open 9am-12pm Wednesdays and Fridays

Legal Support

Company	Contact Details	Provides
Citizens Advice Bureau	A Mewburn Centre, 13 Sholl Street, Mandurah WA 6210 P 9535 3101 W www.cabwa.com.au	Low cost legal services initially on family and criminal matters. Also do witnessing of documents by a justice of the peace.
Peel Community Legal Services	A 2 Sutton Street, Mandurah WA 6210 P 9581 4511 W www.peelcls.com.au	Provides free legal advice, community education, Advocacy, WA Family Law information sessions. For anyone living in the Peel region and earning under \$50,000.00 per year.
Youth Justice Services	A Mandurah Outreach Centre, 272 Pinjarra Road, Mandurah WA 6210 P 9581 0800 W www.correctiveservices.wa.gov.au	Supports young people aged 10-18 with court mandated referrals or early release order for custody. The aim is to reduce reoffending among young people through specific programs.



Disabilities

Company	Contact Details	Provides
atWork Australia	<p>A Unit 1, 286 Pinjarra Road, Mandurah WA 6210</p> <p>P 1300 080 856</p> <p>W www.atworkaustralia.com.au</p>	Health professionals help people identify the specific barriers that prevent their return to work and then develop a tailored program to support re-entry into the workforce.
Australian Human Rights Commission	<p>P 9284 9600</p> <p>E complaintsinfo@humanrights.gov.au</p> <p>W www.humanrights.gov.au</p>	Investigates alleged infringements of anti-discrimination legislation ie; discrimination on the grounds of nationality, ethnic origin, age, gender, sexuality, relationship status, care status, pregnancy, breastfeeding, trade union activity, criminal or medical record, disability.
Mandurah Disabled Support & Recreation Respite	<p>A Suite 10 Lotteries House, 7 Anzac Place, Mandurah WA 6210</p> <p>P 9586 1858</p>	A recreational and support service located in Mandurah providing 2 – 3 hours support per week for young people to 25 individuals with disabilities.
Peel Community Living	<p>A Unit 1/50 Reserve Drive, Mandurah WA 6210</p> <p>P 9582 6105</p> <p>E admin@peelcommunityliving.com.au</p> <p>W www.peelcommunityliving.com.au</p>	Support to people over the age of 18 years, with intellectual disabilities.
People with Disabilities WA	<p>P 9485 8900</p> <p>E info@pwdwa.org</p> <p>W www.pwdwa.org</p>	Offers non-legal advocacy services to any person with a disability. Follows principals of National Disability Strategy.
Visibility Mandurah	<p>A Lotteries House, 7 Anzac Place, Mandurah WA 6210</p> <p>P 9586 1147</p> <p>W www.visibility.com.au</p>	Professional therapy and support services that assist people across a range of ages and disabilities in their homes, at school, at work and in the community.

Education and Training

High Schools

Company	Contact Details
Coastal Lakes	A Banksiadale Gate, Lakelands WA 6180 P 0436 677 587 E lakelands.ss@education.wa.edu.au
Coodanup College	A Wanjeep Street, Mandurah WA 6210 P 9581 0900 E coodanup.col@education.wa.edu.au W www.coodanup.wa.edu.au
Foundation Christian College	A 115 Waldron Boulevard, Greenfields WA 6210 P 9586 5444 E office@fcc.wa.edu.au W www.fcc.wa.edu.au
Frederick Irwin Anglican School	A 36-66 Gordon Road, Mandurah WA 6210 P 9537 0000 E admin@fias.wa.edu.au W www.frederickirwin.wa.edu.au
Halls Head Community College	A 1 Casuarina Drive, Halls Head WA 6210 P 9581 0600 E hallshead.col@education.wa.edu.au W www.hallsheadcc.wa.edu.au
John Tonkin College (MET Campus)	A Education Drive, Mandurah WA 6210 P 9583 7373 E admin@johntonkincollege.wa.edu.au W www.johntonkincollege.wa.edu.au
John Tonkin College (Tindale Campus)	A 35 Gibla Street, Mandurah WA 6210 P 9535 0100 E admin@johntonkincollege.wa.edu.au W www.johntonkincollege.wa.edu.au
Mandurah Baptist College	A Catalina Drive, Lakelands WA 6180 P 9583 7000 E admin@mbc.wa.edu.au W www.mbc.wa.edu.au

Company	Contact Details
Mandurah Catholic College	A Coodanup Drive, Mandurah WA 6210 P 9531 9500 E mcc@mcc.wa.edu.au W web.mcc.wa.edu.au

Tertiary Education

Company	Contact Details	Provides
Murdoch University	A Education Drive, Greenfields WA 6210 P 9360 6000 E www.murdoch.edu.au/peel W www.murdoch.edu.au	A range of university education courses.
South Metropolitan TAFE – Mandurah/Peel Campus	A 2 Education Drive, Mandurah WA 6210 P 9586 7400 E info@smtafe.wa.edu.au W www.southmetrotafe.wa.edu.au	Courses to support students gain skills to enable employment and career development.

Alternative Education & Training

Company	Contact Details	Provides
Alta-1 College	P 9403 8299 E admin@alta-1.wa.edu.au W www.alta-1.wa.edu.au	Alternative education for young people 12 - 19 years for young people not suited to mainstream schooling. Campuses in Cockburn, Rockingham and Perth
Apprenticeship and Traineeship Company	A 3/19 Davey Street, Mandurah WA 6210 P 9204 4566 or 1800 627 188 E appcom@westnet.com.au	Opportunities for Apprentices and Trainees to host employer registration requirements for apprentices and trainees.

Company	Contact Details	Provides
Bridging the Gap	A 56 Mandurah Terrace, Mandurah WA 6210 P 9419 2553 E training@bridgingthegap.org.au W www.bridgingthegap.org.au	Diverse range of employment and career development programs and training services
EdConnect	A Room 6, Lotteries House, 7 Anzac Place, Mandurah WA P 0439 444 380 W www.edconnectaustralia.org.au	Connects volunteers who want to make a difference with young people in schools who need extra help and guidance.
Fairbridge	A South West Highway, Pinjarra WA 6208 P 9531 1177 W www.fairbridge.asn.au and www.fairbridge.wa.edu.au	Provides alternate educational, traineeships and vocational education and training pathways for young people not suited to mainstream education.
Flexi-Link	A Based at Coodanup College, Wanjeep Street, Mandurah WA P 9581 0900 W www.coodanup.wa.edu.au	For Year 11 and 12 students who have challenges with mainstream education. Specializes in disengaged, low literacy students and students who need help.
JSW Training and Community Services	A 91 Allnut Street, Mandurah WA P 9721 5033 E info@jsw.org.au W www.jsw.org.au	On and off the job training for people with disabilities, aboriginal people, young people not employed or in education or training and mature aged under-employed.
Participation Coordinators – Department of Education	A Billy Dower Youth Centre, 41 Dower Street, Mandurah WA P 9314 0453 W det.wa.edu.au/participation/ detcms/portal/	A case brokerage service to support at-risk and disengaged YR 11 and 12 aged students to overcome barriers into alternative education, training and/or employment, and support them towards a successful transition to these options.
Peel Volunteer & Resource Centre	A Suite 12, Mandurah Lotteries House, 7 Anzac Place, Mandurah WA 6210 P 9581 1187 E volunteering@peelvolunteer.org.au W peelvolunteer.org.au	Opportunities for volunteering in the community, information and referrals.

Company	Contact Details	Provides
REACH for Training	A 275 Pinjarra Road, Mandurah WA 6210 P 1300 361 343 E wa@reachfortraining.com.au W www.reachfortraining.com.au	A local training provider providing face to face training for people aged 16-60, for cert II to diploma qualifications, in a range of course subjects.
SMYL Community College	A 1 Davey Street, Mandurah WA 6210 P 9587 0150 E college@smyl.com.au	School based traineeships for young people. Offers pathways, courses, training, traineeships, and numeracy and literacy programs.

Employment

Employment Services

Company	Contact Details	Provides
APM	A 1/15 Sholl Street, Mandurah WA 6210 P 9535 5139 E support@apm.net.au	Helps people find meaningful employment and businesses to recruit and retain a diverse and valuable workforce.
atWork Australia	A 1/3 Dower Street, Mandurah WA 6210 P 1300 656 358 (job active) P 1300 080 856 (disability employment services) E contact@atworkaustralia.com.au	Provides Job Active and Disability Employment Services to help people identify their goals, build job-readiness and support through interviews into employment. Also works with prospective employers.
Employment Facilitator – Mandurah	P 0407 958 181 E maryanne.baker@mandurahemploymentfacilitator.com.au	Provides links and connections to employment services and programs within the region for Employers and Jobseekers.
Employment Services Group	A 77 Pinjarra Road, Mandurah WA 6210 P 6350 4786 E connect@esg.com.au	Supports Australians develop their capacity to achieve lasting employment and provides expert workforce solutions to employers.

Company	Contact Details	Provides
Jobs and Skills Centre	<p>A 2 Education Drive, Mandurah WA 6210</p> <p>P 13 64 64</p> <p>E peel.jsc@smtafe.wa.edu.au</p> <p>W jobsandskills.wa.gov.au</p>	Enables job seekers to connect with employers and take up opportunities in the workforce. Free one-stop shop for careers, training and employment advice and assistance. Aboriginal Liaison Officer also available.
Konekt Employment	<p>A 98 Mandurah Terrace, Mandurah WA 6210</p> <p>P 9584 6300</p> <p>E mandurahemployment@konekt.com.au</p>	Employment Services provider that empowers people to find lasting employment and to realise their full potential. Focused on connecting clients to the right employer.
Status Training and Employment Services	<p>A Unit 2, 58 Anstruther Road, Mandurah WA 6210</p> <p>P 9586 1435</p> <p>W www.status.net.au</p>	Programs for 15-65 year olds. Pre-employment program aimed at getting youth back into employment. Referral required through Centrelink, jobactive or DES.
Stirling Skills Training	<p>A 2/21 Sholl Street, Mandurah WA 6210</p> <p>P 9520 8116</p> <p>E Mandurah@stirlingskills.com.au</p> <p>W www.stirlingskills.com.au</p>	Supports young people 15-21 get into the workforce. Transition to work service helps gain employment and provides skills, training and support.
Workskil Australia	<p>A Unit 1, 88 Pinjarra Road, Mandurah WA 6210</p> <p>P 9587 0300</p> <p>W www.workskil.com.au</p>	Tailored support for jobseekers to identify work opportunities, get an interview, start work and settle in. Also provides training and support for indigenous people to gain employment.

Entrepreneurs

Company	Contact Details	Provides
Entrepreneurship Facilitators	P 6143 2180 E efs@skillstrategies.wa.edu.au W jobs.gov.au/entrepreneurship-facilitators	Provide support and practical assistance to young people wanting to start their own business and create their own job.
Indigenous Professionals Service - Business Advisory Peel	A 0A Ventnor Street, Perth WA 6005 P 9721 7057 E info@ipsau.com.au W indigenousprofessionals.com.au	Works with leaders, organisations and governments who want to deploy cutting edge solutions and be frontiers of change and innovation through diversity.
Make Place	A 17/38 Mandurah Terrace, Mandurah WA 6210 P 9581 4606 E info@themakers.org.au W www.makeplace.org.au	Provides a co-working space for passionate people and small entrepreneurs from within the community, to collaborate, co-create, and make things happen.
NEIS Program Providers	P 13 62 68 W www.jobs.gov.au/self-employment-new-business-assistance-neis	Individuals not in employment, education or training who are interested in running their own business may be eligible for New Business Assistance with NEIS.



Health Services

Alcohol and Other Drugs

Company	Contact Details	Provides
Alcohol and Drug Support Line	P 1800 198 024 E alcoholdrugsupport@mhc.wa.gov.au W alcoholdrugsupport.mhc.wa.gov.au	24/7 telephone support with professional counsellors. Support and referrals available to anyone who requires help with their own or someone else's alcohol or drug use.
Alcoholics Anonymous	P 1300 22 22 22 W aa meetings.org.au	Open to anyone who has a desire to stop drinking. Groups in Rockingham, Mandurah and Pinjarra. See PDF on website for details.
Meth Helpline	P 1800 874 878 E alcoholdrugsupport@mhc.wa.gov.au W www.mhc.wa.gov.au/methhelpline	Confidential, non-judgmental telephone counselling, information and referral service for anyone seeking help for their own or another person's meth use.
Narcotics Anonymous	P 9227 8361 W www.wana.org.au	Open to anyone who has the desire to stop using drugs, regardless of the drugs used. Narcotics Anonymous is not a religious organisation. All meetings listed on website.
Palmerston (South Metropolitan Community Drug Service)	A Peel Health Hub, 91 Allnut Street, Mandurah WA 6210 P 9581 4010 E Mandurah@palmerston.org.au W www.palmerston.org.au	Support for individuals, families and communities affected by alcohol and other drug issues with services including counselling, group support and residential rehabilitation.
School Drug Education and Road Aware	P 0427 426 790 W www.sdera.wa.edu.au	Professional development services, advice and resources to develop effective drug and road safety programs within schools and communities.

Counselling and Mental Health

Company	Contact Details	Provides
4families – Relationships Australia	<p>A 21 George Street, Mandurah WA 6210</p> <p>P 6164 0600</p> <p>E 4families@relationshipsaustralia.org.au</p> <p>W www.relationshipsaustralia.org.au</p>	Free support service for families and carers with children 0 to 18 years. Mandurah / Rockingham residents can access counselling, information and support, home-based family support, workshops, seminars and groups. Centre based and outreach services available.
Allambee Counselling	<p>A Peel Health Hub, 91 Allnut Street, Mandurah WA 6210</p> <p>P 9535 8263</p> <p>E help@allambee.org.au</p>	Counselling service for children and adults; anyone 4 years and over who have been effected by recent sexual assault, past sexual abuse, or domestic/family violence.
Anglicare WA	<p>A Family Relationship Centre, 11 Pinjarra Road, Mandurah WA 6210</p> <p>P 9583 1400</p> <p>E mfrfc@anglicarewa.org.au</p> <p>W www.anglicarewa.org.au</p>	Counselling and support for children and adults, couples, and families affected by separation, emotional or physical abuse, relationship issues, parenting, step-families or major life transitions.
Freedom Centre (Gay & Lesbian Support Youth Space)	<p>A 93 Brisbane St, Perth WA 6000</p> <p>P 9228 0354</p> <p>W www.freedom.org.au</p>	Runs workshops, retreats, activities and events and a youth drop-in space, for young people under 26 years, who are lesbian, gay, bisexual, transgender, intersex or queer. Offers tailored training sessions for professionals.
GP Down South Assertive Outreach Team	<p>A 91 Allnut Street, Mandurah WA 6210</p> <p>P 9583 5435</p> <p>E AOT@gpdownsouth.com.au</p>	Outreach contact to Mandurah, Pinjarra and Waroona for individuals aged 12 and above, not engaged in services, with mental health and / or drug problems.

Company	Contact Details	Provides
Grow WA	<p>A Church of the Way, 58 Steerforth Drive, Coodanup WA 6210</p> <p>P 1800 558 268</p> <p>E wa@grow.net.au</p> <p>W www.grow.org.au</p>	A support group for people aged 18+ who have had a breakdown, suffer mental illness or are struggling to cope emotionally.
Headspace Mandurah	<p>A Peel Health Hub, 91 Allnut Street, Mandurah WA 6210</p> <p>P 6595 8990</p> <p>E hello@headspaceman.com.au</p> <p>W www.headspace.org.au/Mandurah</p> <p>F www.facebook/headspaceMandurah</p>	Free and confidential service that gives young people 12-25 years old, someone to chat to about anything that is worrying them.
Helping Minds	<p>A Lotteries House, 7 Anzac Place, Mandurah WA 6210</p> <p>P 9427 7100</p> <p>E info@helpingminds.org.au</p> <p>W www.helpingminds.org.au</p>	Support for anyone experiencing mental health distress. Services include counselling, advocacy, respite, support groups, workshops, peer support and NDIS support.
Homestead for Youth	<p>A 266 Morgan Road, Meelon WA 6208</p> <p>P 0449 939 597</p> <p>E info@h4y.com.au</p> <p>W www.homesteadforyouth.org</p>	Provides safe refuge and support through recovery programs and counselling for youth & their families. Provides unique hands-on programs including; equine therapy, combi restoration, arts, gardening and animal farm for young people 7-20 years of age.
Mental Health Commission	<p>P 1800 022 222</p> <p>W www.mhc.wa.gov.au</p>	Partners with organisations to deliver person-centered and evidence-based; promotion and early intervention programs, treatment, research, policy and system improvements.

Company	Contact Details	Provides
Peel Community & Adolescent Mental Health Service (CAMHS)	P 9531 8080	Free assessment and treatment of children up to 18 years experiencing difficulties which seriously impact on their mental health and emotional wellbeing. Self-referrals are accepted.
Peel Community Mental Health Services	A Peel Health Campus, 110 Lakes Road, Mandurah WA 6210 P 9531 8080	Mental Health Service for individuals aged 18-64 years who live in the Peel area: intensive day therapy, clinical rehabilitation and inpatient services.
Peel Youth Medical Services	A Peel Health Hub, 91 Allnutt Street, Mandurah WA 6210 P 9583 5435	Confidential health services for young people aged 12 – 25 years old. Doctor, Community Health Nurse and counselling available. Clinic open Monday to Thursday.
Ruah Community Services	A 2/116 Pinjarra Road, Mandurah WA 6210 P 13 78 24 E connecting@ruah.org.au	A comprehensive range of psychosocial rehabilitation, recovery support, employment support and peer-led community based mental health programs.
Sexual Assault Resource Centre (SARC)	P 6458 1820 W www.kemh.health.wa.gov.au/our-services/statewide-services/sarc	Services for anyone aged 13 years and over who have been sexually assaulted or sexually abused.
Suicide Call-back Service	P 1300 659 467 W suicidecallbackservice.org.au	A Free, professional, 24 hour, 7 days a week telephone and online counselling service.
Youth Focus	A Peel Health Hub, 91 Allnutt Street, Mandurah WA 6210 P 9582 9270	Confidential and professional counselling service for young people. Youth counsellors work with young people and where appropriate in partnership with their family.

Parenting Support

Company	Contact Details	Provides
Child and Parent Centre	<p>A Kooljack Street, Dudley Park WA 6210</p> <p>P 9537 5603</p> <p>E cpcadmin@anglicarewa.org.au</p> <p>W childandparentcentres.wa.edu.au/dudley-park/</p>	For parents with children aged 0-8 years. Free workshops, playgroups, rhyme time, art activities and preschool sport programmes. Child Health Nurse Clinic, Fortnightly Immunisations, Clinic Child Counselling, and Speech Pathology available via appointment.
Parenting Connection WA	<p>A Kooljack Street, Dudley Park 6210</p> <p>P 9581 0581</p> <p>M 0402 517 389</p> <p>E peel.pcwa@anglicarewa.org.au</p>	Provides parenting support services to parents and care givers with children 0-18 years old across Peel Region. May be parenting education sessions and/or one on one sessions.
Peel Youth Services – Eyes Wide Open	<p>A 432 Lakes Road, Greenfields WA 6210</p> <p>P 9581 3365</p> <p>E ewo@pys.org.au</p>	Specialised education program for school age young mothers. Early Childhood Support services are offered onsite to care for babies and children while students attend classes.
WA Mums Cottage	<p>A 25 Davey Street, Mandurah WA 6210</p> <p>P 9595 1670</p> <p>E wamumscottage@gmail.com</p> <p>W www.wamumscottage.org.au</p>	Drop In Centre for all women; youth or adult, with or without children. Provides referrals, companionship, runs courses, including sewing, card making, toddler mornings and baby massage. Monday to Friday: 9am to 3pm. Out of hours emergencies: 0431 222 101.

Recreation and Well Being

Company	Contact Details	Provides
Audience of One – Youth Group	A 370 Pinjarra Road, Mandurah WA 6210 P 9581 1980 W www.1church.net.au	Christian based youth group that runs every Friday throughout the school term for 12-18 year olds.
Contemporary Arts Spaces Mandurah	A 63 Ormsby Terrace, Mandurah WA 6210 P 9550 3989 E CASM@Mandurah.wa.gov.au	Exhibition and workshop space that promotes and makes accessible a diverse range of contemporary art. Suited to emerging artists and recent graduates due to its low cost gallery space and central location.
Department Sport and Recreation	A Peel Office, Suite 94, 16 Dolphin Drive, Mandurah WA 6210 P 9550 3100 W www.dsr.wa.gov.au	The department provides leadership, advice and funding for the sport and recreation industry in Western Australia.
Dwellingup Adventures	A 21 Newton Street, Dwellingup WA 6213 P 9538 1127 E dwgupadv@westnet.au W dwellingupadventures.com.au	Canoe, rafts, mountain bikes, camping equipment, self-guided tours, white water rafting, cooperate and group activities, day camps, school holiday programs.
Falcon e-Library	A Corner of Flavia Street & Cobblers Road, Falcon WA 6210 P 9550 3230 E manlib@Mandurah.wa.gov.au W Mandurah.wa.gov.au/facilities/libraries	Free wifi, computer and internet access. Provides programs such as CoderDojo, homework help, English conversation classes, school holiday activities, plus usual library services; books, DVDs, CDs, audiobooks and more.
Falcon Scouts	A Falcon Pavilion, Lynda Street, Falcon WA 6210 P 0407 777 061 E dpmeredith@bigpond.com	Provides young people aged 6 to 25 with a wide range of opportunities to grow through adventure.

Company	Contact Details	Provides
Mandurah Aquatic and Recreation Centre	A 303 Pinjarra Road, MandurahWA 6210 P 9550 3600	Heated pool, lane pool, toddler pool, change rooms, swimming club, sauna, spa, gym, kiosk, crèche, indoor courts and gym. Programs include kids programs, group fitness programs and sports programs.
Mandurah Library	A 331 Pinjarra Road, MandurahWA 6210 P 9550 3650 E manlib@Mandurah.wa.gov.au W Mandurah.wa.gov.au/facilities/ libraries	Free wifi, computer and internet access. Provides programs such as CoderDojo, homework help, English conversation classes, school holiday activities, plus usual library services; books, DVDs, CDs, audiobooks and more.
Peel Adventure Gaming Society	A Billy Dower Youth Centre, 41 Dower Street, Mandurah WA 6210 P 0400 006 491	Table top gaming and role playing for games such as War Hammer, 40K, Dungeons and Dragons and Lord of the Rings. From beginners to experts. Ages 10+.
Youth Development – City of Mandurah	A Billy Dower Youth Centre, 41 Dower Street, Mandurah WA 9550 3670 P 9550 3670 E youth@Mandurah.wa.gov.au W www.mandurah.wa.gov.au/ youth	Provide a range of programs, activities and events for young people 11 – 25, at the Billy Dower Youth Centre and out in the local community.



Youth Services

Company	Contact Details	Provides
Calvary Youth Services	A 40 Sutton Street, Mandurah WA 6210 P 9581 1741 E coordinator@calvaryyouth.com.au W www.calvary-Mandurah.org	Crisis accommodation for 15-25 year olds who are homeless or at risk of homelessness for up to 3 months. Self-referrals accepted.
Mission Australia – Reconnect Program	A Billy Dower Youth Centre, 41Dower Street, Mandurah WA 6210 P 9531 9400 W www.missionaustralia.com.au	Free and confidential counselling, mediation, advocacy, early intervention and support for young people aged 12 to 18 and their families who are experiencing conflict, lack of communication, homelessness, or at risk of homelessness in the Peel Region.
Neami National	A 6 Davey Street, Mandurah WA 6210 P 9535 9326 W mandurah@neaminational.org.au	A range of rehabilitation, recovery support, employment support and peer-led community based mental health programs for people aged 16-65.
Passages Youth Engagement Hub (Peel)	A 20 Davey Street, Mandurah WA 6210 P 9583 5160 E passages.peel@svdpwa.org.au W www.passages.org.au	Young people aged 12 to 25 years have a safe, friendly place to access basic needs such as food, shower, laundry, clothing vouchers and toiletries. With youth worker support / mentoring and access to services such as financial / accommodation support, legal advice and drug and alcohol counselling.
Peel Support Program (JSW Training and Community Services)	A 91 Allnutt Street, Mandurah WA 6210 P 9721 5033 E info@jsw.org.au W www.jsw.org.au	Designed for young people 12-18 years of age living in Peel region who have involvement with the WA Police. It provides a tailored support and counselling to help young people overcome difficult life issues and circumstances that prevent them from moving forward.

Company	Contact Details	Provides
Peel Youth Services	A 432 Lakes Road, Greenfields WA 6210 P 9581 3365 E admin@pys.org.au W www.pys.org.au	Free one to one counselling, life coaching, mentoring, advice, information, referral and advocacy for young people 11 – 25 years in the Peel Region. Anyone can refer.
Street Net Youth Services	A Peel Health Hub, 91 Allnut Street, Mandurah WA 6210 P 9535 8263 W www.streetnet.org.au E info@streetnet.org.au	Free youth service for disengaged young people commencing secondary education, up to 18 years of age, including Aboriginal and culturally and linguistically diverse youth. Individual support and case management, home visits, outreach service, school based programs and community events.
Young Carers WA	A 182 Lord St, Perth WA 6000 P 1300 227 377 E youngcarers@carerswa.asn.au W www.youngcarerswa.asn.au	Free support, courses, counselling, events and camps for young people 8 – 25 years who help look after a family member who needs extra support at home. The family member may have a disability, mental illness or drug / alcohol problem.



Helpful Websites and Helplines

Company	Contact Details	Provides
AIDS Council of WA	W www.waaid.com	Information and support group for people with HIV/AIDS.
Apprenticeship Office	W www.dtwd.wa.gov.au	Useful information for apprentices/trainees.
Beyond Blue	W www.beyondblue.org.au	Information and support to help everyone in Australia achieve their best possible mental health, whatever their age and wherever they live.
Black Dog Institute Youth	W www.biteback.org.au	Clinical research and community resources aimed at improving understanding, diagnosis and treatment of mood disorders.
Bullying No Way	W www.bullyingnoway.com.au	Information and ideas for students, parents and teachers on preventing bullying.
Drug and Alcohol Support Services	W www.dao.health.wa.gov.au	For anyone who's concerned about their own or another person's alcohol or drug use.
Family Relationships Advice Line	P 1800 050 321	Helps families affected by relationship or separation issues, including information on parenting arrangements after separation and provides links to local services.
Green Book	W www.greenbook.org.au	Online searching tool for Alcohol & Other Drugs + Mental Health Service Providers.
Headspace	W www.eheadspace.org.au	Online and telephone mental health support.
Kids Help Line	P 1800 551 800 W www.kidshelp.com.au	Confidential counselling and support service for 5 – 25 year olds. Counselling can be provided over the phone, email and web.

Company	Contact Details	Provides
Lifeline	P 13 11 14 W www.lifeline.org.au	Web based Self-help tool kits for a range of mental health issues and telephone crisis support for mental health, suicide prevention and life crisis.
Like It Is	W www.likeitis.org.au	Information on sexual health.
MensLine Australia	W www.mensline.org.au	A professional support and information service for Australian men.
Mental Health in Multicultural Australia	W www.mhima.org.au	Advice and support to providers and governments on mental health and suicide prevention for people from culturally and linguistically diverse backgrounds.
MyFuture	W myfuture.edu.au	Create a profile, complete quizzes and make the right career decisions to start building a career.
Pling WA	W www.yacwa.org.au/pling	State-wide list of Youth Service Providers. Available as an app on Smartphones – “Pl!ng”.
Reach Out	W www.reachout.com.au	Targeted information to give practical tools specific to young persons needs, even when they don't know what they're looking for.
Sane	W www.sane.org	Supports people affected by complex mental illness, including; mental health awareness, online peer support and information, stigma reduction, helpline, research and advocacy.
Mental Health Emergency Line	P 1800 048 636	24/7 Child and Adolescent Mental Health Service. Free specialist child and adolescent mental health information, assessment and support for young people up to the age of 18 years.

City of Mandurah

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