

AQUA FITNESS TIMETABLE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7.15am	5 AQUA	5 AQUA	5 AQUA	5 AQUA	5 AQUA	
8.15am	5 AQUA 6 AQUA	5 AQUA	5 AQUA 6 AQUA	5 AQUA 6 AQUAZUMBA	5 AQUA	5 AQUA
9.15am	6 AQUA	7 AQUAMAX	6 AQUA	7 AQUAMAX	6 AQUAZUMBA	
6.00pm	5 AQUA		5 AQUA			

Valid from 2 June - 29 September 2026 * Booking restrictions removed from outdoor classes during this period *

Class Locations:

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|-------------|-------------|----------------|-----------|----------------|--------------------------|-----------------------|---------------|-----------------|---------------------|--------------------|
| 1. Studio 1 | 2. Studio 2 | 3. Outdoor Gym | 4. Creche | 5. Indoor Pool | 6. Outdoor 50m - Shallow | 7. Outdoor 50m - deep | 8. Club Rooms | 9. Show Court 1 | 10. Stadium Court 1 | 11. Squash Court 3 |
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