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Mandurah Seniors Week 2024

Your guide to celebrating Seniors Week in Mandurah

10 - 16 November Mandurah Seniors Centre / *Dandjoo Kaadadjan Mia*





Makers Market

Explore over 20 market stalls crafted by our talented creative members showcasing handcrafted items, homewares, clothing, treats, and more.

Enjoy live music, delightful café treats, coffee, and much more as you wander through our vibrant indoor market.

Date	Sunday, 10 November
Time	9am – 1pm
Location	Mandurah Seniors Centre
Cost	Free to attend
Booking	No bookings required



Cindy Dean in Concert

Don't miss Cindy Dean as she brings the timeless hits of Olivia Newton-John to life! Join us for an unforgettable afternoon of classic tunes and a captivating performance.

Date	Wednesday, 13 November
Time	1.15pm – 3pm
Location	Mandurah Seniors Centre
Cost	Free to attend
Booking	No bookings required

Seniors Week Opening Ceremony

We're kicking off Seniors Week with celebrations at our official opening ceremony, highlighting the activities at the Seniors Centre. Join us for morning tea and a chance to mingle and connect with the community.

Date	Monday, 11 November
Time	10.30am – 11.30pm
Location	Mandurah Seniors Centre
Cost	Free to attend
Booking	No bookings required

Seniors Week Dining Specials



The Coffee Spot Café is open from 9am to 1pm and serves a variety of delicious, madeto-order food all at a very reasonable cost Enjoy a special cuppa and cake deal from just \$5.

The Dining Room has special Seniors Week meals on Tuesday - All Day Breakfast, Wednesday - Roast Day and Friday - Seafood platter for one.

Call the lunch desk at 9550 3793 by 10:30am to book your meal.

Events Calendar

Open Week			
Mon - Fri, 11 - 15 November 9am – 4pm	Discover why our members love our Centre! Local residents over 55 can enjoy special members' prices all week long. Come and meet one of our friendly Seniors Week ambassadors and take a tour through the Centre to learn more about what we have to offer.	Seniors Centre	N/A
Seniors Wee	k Menu		
Mon - Fri 11 – 15 November	The Coffee Spot Cafe offers delicious foods made fresh to order from 9am – 1pm with Cuppa and Cake specials from \$5. The Dining Room has special Seniors Week meals for Tuesday (all day breakfast), Wednesday (roast) and Friday (grilled seafood platter).	Seniors Centre Dining Room	Orders in person or by calling 9550 3793 before 10.30am
Makers Mar	kets		
Sunday 10 November 9am – 1pm	Wander through over 20 market stalls and discover handcrafted items, homewares, clothing, treats and more. Enjoy live music, delicious cafe treats, coffees and so much more.	Seniors Centre, Main Hall	N/A
Official Ope	ning Ceremony.		
Monday 11 November 10.30am – 11.30am	Let's kick off Seniors Week with the official opening ceremony highlighting the activities at the seniors' centre. Join us for morning tea and a chance to mingle and connect with the community	Seniors Centre, Main Hall	N/A
Empowering Seniors to live at Home Independently session			
Tuesday 12 November 1pm – 2pm	Join the Department of Health and Aged Care for a free discussion on Commonwealth-funded aged care services, including how to find them.	Seniors Centre, Craft Room	Booking essential, contact 9550 3799
Potted Herb Workshop			
Wednesday 13 November 10am - 11am	Go potty with herbs! Discover the joy of gardening and plant your own herbs to take home. Learn tips and fun facts to make your herbs thrive.	Seniors Centre, Deck Area	Booking essential, contact 9550 3799

Cindy Dean in Concert			
Wednesday 13 November 1.15pm - 3pm	Don't miss Cindy Dean as she brings the timeless hits of Olivia Newton-John to life! Join us for an unforgettable evening of classic tunes and captivating performances.	Seniors Centre, Main Hall	N/A
Mega Bingo			
Thursday 14 November 12pm - 3pm, Eyes down 12.45pm	Mega Bingo will be bringing out the big prizes on Thursday with all Seniors invited to take part – doors open at 12pm, eyes down at 12.45pm. The cost to play the 20 games is \$3, lunch and refreshments will be available for purchase from our Cafe. Enjoy a fun-filled afternoon with lots of door prizes on offer! Cash only.	Seniors Centre, Main Hall	Booking essential, contact contact
Acrylic Expr	Acrylic Expressions: Paint Your Masterpiece		
Thursday 14 November 1pm – 2pm	Join us for an acrylic paint workshop with Peter Munday, where no experience is needed! All you need is a willingness to enjoy yourself and have fun while creating a beautiful painting to proudly display on your wall.	Seniors Centre, Craft Room	Booking essential, contact 9550 3799
Seniors Week Expo: Looking after your mind, body and wellness			
Friday 15 November 10am – 2pm	Look after your mind, body, and wellness at our Seniors Week Expo! With a diverse range of local community groups and organisations attending, the event will feature a variety of stalls offering valuable resources and expert guidance to enhance your well-being.	Seniors Centre, Main Hall	N/A
Celebrate Seniors Dinner Dance			
Saturday 16 November 6pm — 11pm	Join us for a fantastic Dinner Dance to wrap up the celebrations for Seniors Week 2024! Enjoy an evening of music, dancing, and fun as we celebrate together. \$35 per ticket.	Seniors Centre, Main Hall	Booking essential, contact 9550 3799

Seniors Week Expo

Looking after your mind, body and wellness

Look after your mind, body, and wellness at our Seniors Week Expo! With a diverse range of local community groups and organisations attending, offering a variety of valuable resources and expert guidance to enhance your well-being.

Date	Friday, 15 November
Time	10am – 2pm
Location	Mandurah Seniors Centre
Cost	Free to attend



Celebrate Seniors Dinner Dance

Join us to cap off a massive Seniors Week 2024 with a fantastic Dinner Dance event.

Enjoy an evening of music, dancing, and fun as we continue to celebrate the wonderful contributions seniors make to the Mandurah community.

> Saturday, 16 November Doors open: 6pm Event start: 6.30pm Event close: 11pm

Mandurah Seniors Centre Tickets: \$35 Ticket includes two-course meal





Free parking

ACROD parking and wheelchair accessible bathrooms available.

Mandurah Seniors Centre A: 41 Ormsby Terrace, Mandurah

P: (08) 9550 3799

www.mandurah.wa.gov.au/seniors