

# MARC TERM 2 KIDS PROGRAMS

**COMMENCES FROM 19 APRIL 2021**

**Bonus: Receive 1x FREE gym/swim pass EVERY WEEK for the duration of your child's class!**

- Experienced staff who love kids!
- Affordable prices
- Creche available from only \$3 per 2 hour session
- Priority bookings for existing customers
- Fit for All 10% discount when you re-book online

## Get Crafty @ MARC (1 hour 15 minutes class)

Let us clean up the mess! Bring in your child to the MARC for some artistic craft activities that will excite, engage and allow them to express their own creative imagination. Each week is designed for them to experience something different and create their own work of art.

Ages 5-8 years      When: Mondays, 3.45pm

## Action Tots (45 minute class) - Parent Participation Required

Experience the fun and excitement with your child as they move through our obstacle course whilst learning about early childhood development. Your child will swing, climb, tumble, roll, balance, dance and meet new friends with you by their side.

Ages 1-3 years      When: Tuesdays, 9.45am or Fridays, 9.45am

Ages 2-4 years      When: Tuesdays, 10.35am or Fridays, 10.35am

## Pre-K Kids (1 hour, 15 minute class)

Your child will learn skills that are essential for school readiness through movement, exploration, songs and bubbles. Kids will have fun with our obstacle course, team games and sports interaction. Bring along a healthy snack and water bottle. Children are to be toilet trained, or wearing pull-ups for the duration of the class.

Ages: 3-5 years      When: Tuesdays, 11.30am or Fridays, 11.30am

## Tots Gymnastics (45 minute class)

In this fun, recreational gymnastics class, children are encouraged to creatively explore movement through balancing, climbing, strengthening activities, gross motor skills, rolling, tumbling and much more. Your child will learn new skills in a structured, multi-sensory environment.

Ages 2.5-5 years      When: Mondays or Wednesdays: 9.45am or 10.35am

## Recreational Gymnastics (45 minute class)

This fun recreational gymnastics class is designed to build self-esteem and confidence in each individual child. This program is designed by setting up achievable challenges in a fun gymnastics circuit style class.

*Beginners class for those new to gymnastics:*

Ages 4-6 years      When: Mondays or Wednesdays, 3.30pm

*Intermediate class for kids confident in gymnastics:*

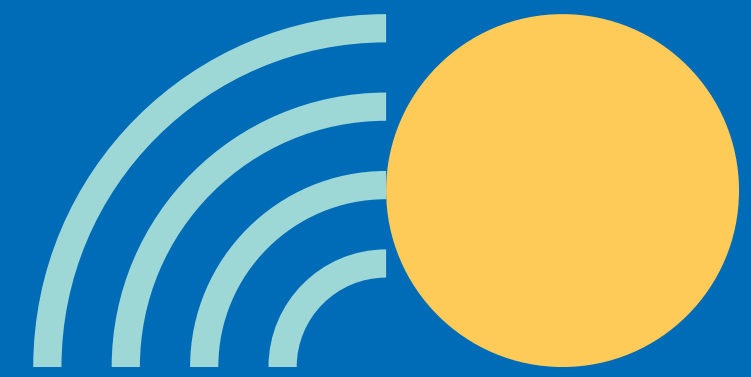
Ages 7-12 years      When: Mondays or Wednesdays, 4.20pm

## Junior Power Fit (45 minute class)

This fun and energetic circuit style class incorporates battle ropes, mini weights, sand bags and body weight exercises. Let your child discover their own abilities and experience the fun of group training with a fully qualified instructor. All abilities are catered for.

Ages 8-12 years      When: Tuesdays 3.45pm - 4.30pm

Ages: 11-16 years      When: Tuesdays, 4.35pm - 5.20pm



## Term Prices

Class prices are based on booking in for the full term

Mon – Friday - 45 minute class  
\$10.35 per class  
(based on term booking when purchased online)

\$11.50 per class  
(based on term booking - when purchased at Reception or over the phone)

Mon – Friday - 1hour 15 minute class  
\$11.70 per class (based on term booking when purchased online)  
\$13.00 per class (based on term booking when purchased at reception or over the phone)

**Casual classes from \$15.00 and subject to availability**